


Maths	
Practise your skills using Mathletics. Spend around 15 minutes each night on Mathletics to brush up your basic facts knowledge. Login to StudyLadder and work on your new tasks.	
Reading Log Keep up your daily reading log - write down how many pages you read each evening. 	
Date	Title
16th	
17th	
18th	
19th	
Spelling Results: I know how spell to spell ____ of 10 in last week's spelling test! From the teachers: We are having a KiwiSports field day on Friday, 11.00 - 12.30. Children may bring a change of clothes suitable for running and playing games if they wish.	

Healthy Eating

The Life Education Trust caravan is visiting Sunnynook School and we have met Harold and Harriet. Harold has been teaching us about the Healthy Food Pyramid and snacks.

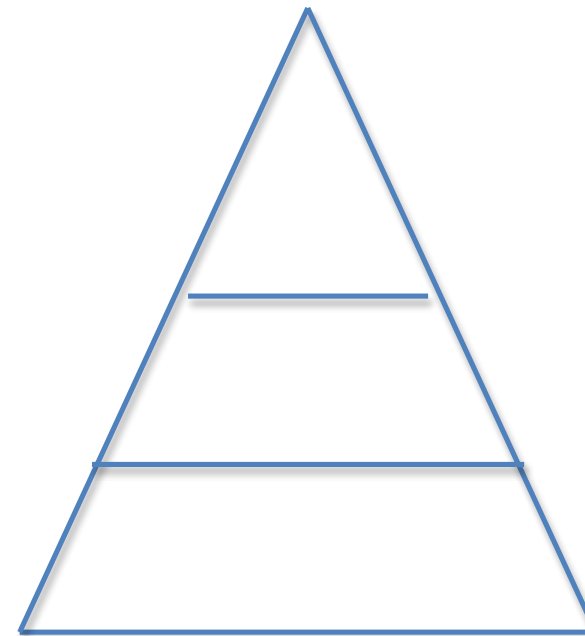
We are going to investigate where our food comes from and what makes a healthy meal or snack.

Draw at least 5 healthy snacks that you like to eat. Work out where they come from: ground, animals, processed.

Ground	
Animals	
Processed	

Food Detective

Harriet and Harold told us about the different ingredients that are in foods. Fill in the food triangle below.



Use your Harold book to help you.

Look through the kitchen and find some food labels to bring to school. Find a label that would go in each section.